

BENEDICTION
of the
MOST HOLY SACRAMENT
together with various Litanies



“Here in a mystery and sacrament of bread is set before us the body of Christ our Saviour, and his blood in the sacrament of wine. We see one thing, we must conceive another thing...There may we see the crucifying of his body, and the shedding of his blood, as it was in a glass...There let us say, This is the ransom of the world...By this body I am no more earth and ashes: by this I am not now a bondman, but made free. This body hath broken the gates of hell, and hath opened heaven...In this body shall Christ come again to judge the quick and the dead.”

(John Jewel, Bishop of Norwich: 1522-1571)

BENEDICTION of the MOST HOLY SACRAMENT

After the monstrance containing the Blessed Sacrament is placed upon the altar, we sing:

O salutaris

O saving Victim, opening wide
The gate of Heaven to man below;
Our foes press hard on every side;
Thine aid supply; Thy strength bestow.

All praise and thanks to thee extend,
For evermore, bless'd one in three.
O grant us life that shall not end,
In our true native land with thee. *Amen.*

Here may follow suitable prayers, litanies, songs and readings, in honour of Jesus Christ and the Eucharist. In Lent, Stations of the Cross may follow.

Tantum ergo

Therefore we, before him bending,
this great Sacrament revere;
types and shadows have their ending,
for the newer rite is here;
faith, our outward sense befriending,
makes our inward vision clear.

Glory let us give, and blessing
to the Father and the Son,
honour, might and praise addressing,
while eternal ages run;
ever too his love confessing,
who from Both with Both is One. *Amen.*

V. Your people eat the food of angels. (Alleluia!)
R. You give them bread from heaven. (Alleluia!)

The following or some other suitable prayer may be used.

O God, who in a wonderful sacrament
hast left unto us a memorial of thy passion,
Grant us so to venerate the sacred mysteries of thy Body and Blood,
that we may ever perceive within ourselves the fruit of thy redemption;
who livest and reignest with the Father in the unity of the Holy Ghost,
one God, world without end. *Amen.*

Benediction of the Most Holy Sacrament is now given followed by this, or some other appropriate acclamation:

THE DIVINE PRAISES (*Laudes Divinæ*)

Blessèd be God.

Blessèd be the holy and undivided Trinity.

Blessèd be God the Father, maker of heaven and earth.

Blessèd be Jesus Christ, truly divine and truly human.

Blessèd be the holy Name of Jesus.

Blessèd be his Most Sacred Heart.

Blessèd be his Most Precious Blood.

Blessèd be Jesus in the Most Holy Sacrament of the Altar.

Blessèd be God the Holy Spirit, the giver and sustainer of life.

Blessèd be the great Mother of God, Mary most Holy.

Blessèd be her Holy and Immaculate Conception.

Blessèd be her Glorious Assumption.

Blessèd be St. Joseph, her most chaste spouse.

Blessèd be God in the angels and saints.

Blessèd be God.

PSALM 117

Ref: Let us adore Christ the Lord, in the most holy Sacrament.

- 1 Praise the Lord, all you nations;*
laud him, all you peoples.
- 2 For his loving-kindness towards us is great,*
and the faithfulness of the Lord endures for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and ever shall be,
world without end. Amen

Ref: Let us adore Christ the Lord, in the most holy Sacrament.

or;

Blessèd and praised be Jesus Christ, in the Most Holy Sacrament.
Hosanna, hosanna, hosanna (3)

LITANY OF THE MOST HOLY NAME OF JESUS

Lord, have mercy
Christ, have mercy
Lord, have mercy

God our Father of Heaven,
have mercy on us.
God the Son, Redeemer of the world, *have*
mercy on us.
God the Holy Spirit,
have mercy on us.
Holy Trinity, One God,
have mercy on us.

Response: *Have mercy on us.*

Jesus, Son of the living God,
Jesus, splendour of the Father,
Jesus, brightness of everlasting light,
Jesus, king of glory,
Jesus, dawn of justice,
Jesus, Son of the Virgin Mary,
Jesus, worthy of our love,
Jesus, worthy of our wonder,
Jesus, mighty God,
Jesus, father of the world to come,
Jesus, prince of peace,
Jesus, all-powerful,
Jesus, pattern of patience,
Jesus, model of obedience,
Jesus, gentle and humble of heart,
Jesus, lover of chastity,
Jesus, lover of us all,
Jesus, God of peace,
Jesus, author of life,
Jesus, model of goodness,
Jesus, seeker for souls,
Jesus, our God,
Jesus, our refuge,
Jesus, father of the poor,
Jesus, treasure of the faithful,
Jesus, Good Shepherd,
Jesus, the true Light,

Jesus, infinite Goodness,
Jesus, our Way and our
Life,
Jesus, joy of angels,
Jesus, king of patriarchs,
Jesus, teacher of
apostles,
Jesus, master of
evangelists,
Jesus, courage of
martyrs,
Jesus, light of
confessors,
Jesus, purity of virgins,
Jesus, crown of all saints,

Response: Jesus, save
Your people

Lord, be merciful,
From all evil,
From every sin,
From the snares of the
devil,
From the spirit of
infidelity,
From everlasting death.

Jesus, eternal Wisdom,
By Your agony and crucifixion,
By Your abandonment,
By Your grief and sorrow,
By Your death and burial,
By Your rising to new life,
By Your return in glory,
By Your gift of the Holy Eucharist,
By Your joy and glory,

Christ, hear us: *Christ hear us*

Lord Jesus, hear our prayer: *Lord Jesus, hear our prayer*

Lamb of God, Who takes away the sins of the world, *have mercy on us*

Lamb of God, Who takes away the sins of the world, *have mercy on us*

Lamb of God, Who takes away the sins of the world, *have mercy on us*

Let us pray:

Lord, may we who honour the holy name of Jesus enjoy His friendship in this life and be filled with eternal joy in the kingdom where He lives and reigns for ever and ever. *Amen.*

LITANY OF LORETTO

Lord, have mercy

Christ, have mercy

Lord, have mercy

God our Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Response: *pray for us*

Holy Mary, *pray for us.*

Holy Mother of God, *pray ...*

Most honoured of virgins,

Mother of Christ,

Mother of the Church,

Mother of divine grace,

Mother most pure, Mother of chaste love,

Mother and virgin,

Sinless Mother,

Dearest of mothers,

Model of motherhood,
Mother of good counsel,
Mother of our Creator,
Mother of our Saviour,
Virgin most wise,
Virgin rightly praised,
Virgin rightly renowned,
Virgin most powerful,
Virgin gentle in mercy,
Faithful Virgin,
Mirror of justice,
Throne of wisdom,
Cause of our joy,
Shrine of the Spirit,
Glory of Israel,
Vessel of selfless devotion,
Mystical rose,
Tower of David,

Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the troubled,
Help of Christians,
Queen of Angels,
Queen of patriarchs and
prophets,
Queen of apostles and
martyrs,
Queen of confessors and

Lamb of God, Who takes away the sins of the world, *have mercy on us.*
Lamb of God, Who takes away the sins of the world, *have mercy on us.*
Lamb of God, Who takes away the sins of the world, *have mercy on us.*

V. Pray for us, O holy Mother of God.

R. *That we may become worthy of the promises of Christ*

Let us pray:

Eternal God, let Your people enjoy constant health in mind and body.
Through the intercession of the Virgin Mary,
free us from the sorrows of this life and lead us to happiness in the life to come.
Grant this through Christ our Lord. *Amen.*

LITANY OF THE SACRED HEART OF JESUS

Lord, have mercy
Christ, have mercy
Lord, have mercy
God our Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Response: *Have mercy on us*

Heart of Jesus, Son of the Eternal Father, *have mercy....*
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,
Heart of Jesus, substantially united to the Word of God,
Heart of Jesus, of Infinite Majesty,
Heart of Jesus, Sacred Temple of God,
Heart of Jesus, Tabernacle of the Most High,
Heart of Jesus, House of God and Gate of Heaven,
Heart of Jesus, burning furnace of charity,
Heart of Jesus, abode of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, king and centre of all hearts,
Heart of Jesus, in whom are all the treasures of wisdom and knowledge,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and most merciful,
Heart of Jesus, enriching all who invoke you,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, loaded down with opprobrium,
Heart of Jesus, bruised for our offences,
Heart of Jesus, obedient to death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim for our sins,
Heart of Jesus, salvation of those who trust in you,
Heart of Jesus, hope of those who die in you,
Heart of Jesus, delight of all the Saints,

Lamb of God, Who takes away the sins of the world. *spare us, O Lord.*

Lamb of God, Who takes away the sins of the world, *graciously hear us, O Lord.*

Lamb of God, Who takes away the sins of the world, *have mercy on us.*

Jesus, meek and humble of heart. *Make our hearts like to yours.*

Let us pray.

Almighty and eternal God, look upon the Heart of your most beloved Son and upon the praises and satisfaction which he offers you in the name of sinners; and to those who implore your mercy, in your great goodness, grant forgiveness in the name of the same Jesus Christ, your Son,

who lives and reigns with you forever and ever. *Amen.*

LITANY OF THE MOST BLESSED SACRAMENT

Lord, have mercy. *R. Lord, have mercy.*

Christ, have mercy. *R. Christ, have mercy.*

Lord, have mercy. *R. Lord, have mercy.*

Christ, hear us. *R. Christ, graciously hear us.*

God the Father of Heaven, *R. have mercy on us.*

God the Son, Redeemer of the world, *R. have mercy on us.*

God the Holy Spirit, *R. have mercy on us.*

Holy Trinity, one God, *R. have mercy on us.*

Jesus, Eternal High Priest of the Eucharistic Sacrifice, *R. have mercy on us.*

Jesus, Divine Victim on the Altar for our salvation, *R. have mercy on us.*

Jesus, hidden under the appearance of bread, *R. have mercy on us.*

Jesus, dwelling in the tabernacles of the world, *R. have mercy on us.*

Jesus, really, truly and substantially present in the Blessed Sacrament, *R. have ...*

Jesus, abiding in Your fullness, Body, Blood, Soul and Divinity, *R. have ...*

Jesus, Bread of Life, *R. have mercy on us.*

Jesus, Bread of Angels, *R. have mercy on us.*

Jesus, with us always until the end of the world, *R. have mercy on us.*

Sacred Host, summit and source of all worship and Christian life, *R. have ...*

Sacred Host, sign and cause of the unity of the Church, *R. have mercy on us.*

Sacred Host, adored by countless angels, *R. have mercy on us.*

Sacred Host, spiritual food, *R. have mercy on us.*

Sacred Host, Sacrament of love, *R. have mercy on us.*

Sacred Host, bond of charity, *R. have mercy on us.*

Sacred Host, greatest aid to holiness, *R. have mercy on us.*

Sacred Host, gift and glory of the priesthood, *R. have mercy on us.*

Sacred Host, in which we partake of Christ, *R. have mercy on us.*

Sacred Host, in which the soul is filled with grace, *R. have mercy on us.*

Sacred Host, in which we are given a pledge of future glory, *R. have mercy on us.*

For those who do not believe in Your Eucharistic presence, *R. have mercy, O Lord.*

For those who are indifferent to the Sacrament of Your love, *R. have mercy on us.*

For those who have offended You in the Holy Sacrament of the Altar, *R. have ...*

That we may show fitting reverence when entering Your holy temple, *R. have ...*

That we may make suitable preparation before approaching the Altar, *R. have ...*

That we may receive You frequently in Holy Communion

with real devotion and true humility, *R. we beseech You, hear us.*

That we may never neglect to thank You for so wonderful a blessing, *R. we ...*

That we may cherish time spent in silent prayer before You, *R. we ...*

That we may grow in knowledge of this Sacrament of sacraments, *R. we ...*

That all priests may have a profound love of the Holy Eucharist, *R. we ...*
That they may celebrate the Holy Sacrifice of the Mass
in accordance with its sublime dignity, *R. we beseech You, hear us.*
That we may be comforted and sanctified with Holy Viaticum
at the hour of our death, *R. we beseech You, hear us.*
That we may see You one day face to face in Heaven, *R. we beseech You, hear us.*

Lamb of God, You take away the sins of the world, *R. spare us, O Lord.*
Lamb of God, You take away the sins of the world, *R. graciously hear us, O Lord.*
Lamb of God, You take away the sins of the world, *R. have mercy on us, O Lord.*

V. O Sacrament Most Holy, O Sacrament Divine,
R. all praise and all thanksgiving be every moment Thine.

Let us pray:

Most merciful Father,
You continue to draw us to Yourself
through the Eucharistic Mystery.
Grant us fervent faith in this Sacrament of love,
in which Christ the Lord Himself is contained, offered and received.
We make this prayer through the same Christ our Lord. *R. Amen.*

Written by St. Peter Julian Eymard, founder of the Blessed Sacrament Fathers.

