

*The Priest takes the paten with the bread and, holding it slightly raised above the altar, says silently,**

BLESSED are you, Lord, God of all Creation. Through your goodness we have this bread to offer which earth has given and human hands have made. It will become for us the Bread of Life.

*S/he takes the chalice, and raising it a little, says silently,**

BLESSED are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our Spiritual Drink.

**NOTE: these two prayers may be said aloud, and the people reply, BLESSED BE GOD FOR EVER!*

While pouring wine and a little water into the chalice, the Priest, (or Deacon) says silently,

BY the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

The Priest bows and says silently,

LORD God, we ask you to receive us, and be pleased with the sacrifice we offer you with humble and contrite hearts.

The Priest washes his/her hands at the side of the altar, saying silently,

LORD, wash away my iniquity; cleanse me from my sin.

Before Communion, with hands joined, the Priest says silently,

LORD Jesus Christ, Son of the living God, by the will of the Father and the work of the Holy Spirit, your death brought life to the world. By your holy Body and Blood free me from all my sins and from every evil, keep me faithful to your teaching, and never let me be parted from you.

or, Alternatively,

LORD Jesus Christ, with faith in your love and mercy I eat your Body and drink your Blood. Let it not bring me condemnation but health in mind and body.

B

Who, in the same night
that he was betrayed,
took bread
and gave you thanks;
he broke it and gave it
to his disciples, saying:

E

On the night before he died
he had supper with his friends
and, taking bread,
he praised you.
He broke the bread,
gave it to them and said:

F

On the night he gave up
himself for us all
he took bread
and gave you thanks;
he broke it and gave it to his
disciples, saying:

G

On the night before he died,
he came to supper with his
friends and, taking bread,
he gave you thanks.
He broke it
and gave it to them, saying:

Take, eat; this is my Body which is given for you; do this in remembrance of me.

In the same way,
after supper he took the cup
and gave you thanks;
he gave it to them, saying:

When supper was ended
he took the cup of wine.
Again he praised you,
gave it to them and said:

In the same way,
after supper he took the cup
and gave you thanks;
he gave it to them, saying:

At the end of supper;
taking the cup of wine,
he gave you thanks
and said:

**Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.**