



## MODULE 1 – PREPARING THE GROUND

- Oct 15            Session 1 - Introductory Session
- Oct 22            Session 2 - Who am I? – An exploration into our personal history
- Oct 29            Session 3 - How do we grow? – *and Individual Tutorials.*
- Nov 5             Session 4 - Who is God? Naming the Other
- Nov 12            Session 5 - What does the Bible say?
- Nov 19            Break**
- Nov 26            Session 6 - Spiritual Direction *and Introducing Spiritual Classics*
- Dec 3             Session 7 - Contemplation in Action
- Dec10            Session 8 - What is Prayer? (I)
- Dec 17            Session 9 - What is Prayer? (II) – extended Eucharist

**Dec 24 – Jan 14            CHRISTMAS BREAK**

## MODULE 2 - THE WISDOM OF THE AGES

- Jan 21            Session 10 – Desert Tradition
- Jan 28            Session 11 - Benedictine Spirituality
- Feb 4             Session 12 - Carmelite Spirituality *with Fr. Bruce Batstone OGS*
- Feb 11            Session 13 - Franciscan Spirituality
- Feb 18            Session 14 – Ignatian Spirituality
- Feb 25            Session 15 – Creation Spirituality: Celtic and Orthodox perspectives (*Antonia Lynn*)
- Mar 4             Break**

## MODULE 3 - THE WITNESS OF SCRIPTURE AND LIFE

- March 11        Session 16 – Spirituality and Liberation *and Spiritual Tradition presentations*
- March 18        Session 17 – Incarnational Spirituality - *and Spiritual Tradition presentations*
- March 25        Session 18 – Spirituality and the Passion - *Prayer beyond the beginnings*
- Apr 1            Session 19 – Spirituality and Resurrection - *Our emerging spirituality and Course Appraisals*
- Apr 8            Session 20 – Moved by the Spirit *and Leave-taking ceremonies and celebration.*